

Leisure World Health Club
Instructed Group Class Schedule
Bethalto, IL

AQUATIC PROGRAMS

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM						AQUACISE (JACKIE)
10:00 AM	ARTHRITIS (LEAH)	ARTHRITIS (KELLEY)	ARTHRITIS (ERIN)	ARTHRITIS (KIM)	ARTHRITIS (KIM)	
11:00 AM	AQUACISE (LEAH)	AQUACISE (KELLEY)	AQUACISE (ERIN)	AQUACISE (KIM)	AQUACISE (KIM)	
5:30 PM		AQUACISE (LORI)		AQUACISE (LISA)		
6:30 PM	AQUACISE (DIANE)		AQUACISE (JACKIE)			